

AL MAR

Table service charge € 2,00 per person

Starters

PROSCIUTTO & MELONE

cured ham & melon

€ 12,00

SARDINIAN BOARD

Pecorino cheese, Mixed of Cured local meats,
Olives & Carasau bread

€ 16,00

Main Courses

MALLOREDDUS*

Sardinian gnocchi in sheep meat
and tomato sauce

€ 14,00

CULURGIONES*

Sardinian ravioli filled with potatoes, mint
and pecorino cheese, in tomato sauce

€ 15,00

BEEF GRILLED FILET

drizzled in Cannonau wine sauce,
served with grilled vegetables

€ 17,00



For the kids



MALLOREDDUS*

Sardinian gnocchi in tomato sauce

€ 10,00

CHICKEN MILANESE

Served with French fries

€ 13,00

HAMBURGER MEAT

Served with French fries

€ 13,00

Starters

GAMBERI ALLA CATALANA

Prawns in tomatoes, Tropea onions,
tomatoes and herbs sauce

€ 18,00

FRIED ANCHOVIES

Marinated in Tropea Onions

€ 17,00

SEAFOOD SALAD

Mixed Octopus, Squids, Prawns, Mussels
with celery and tomatoes, in lime sauce

€ 15,00

Fish main courses

CALAMARATA ALLO SCOGLIO

Mixed squids, mussels and prawns in tomato
and white wine sauce

€ 18,00

FREGOLA AL GRANCHIO

Sardinian small pasta in crab
& tomato sauce

€ 18,00

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FRITTO MISTO

Mixed pan-fried seafood
(squids, prawns, mussels and white fish)

€ 15,00

GRILLED GAMBERI & CALAMARI

grilled prawns and squids served
with grilled vegetables

€ 18,00

GRILLED SARDINES

served with grilled vegetables

€ 18,00

*some products on this menu might come from freezer

Information about the presence of substances or products that cause allergies
or intolerances is available by contacting the staff on duty